

Triumphant Teens and Twenties

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"Why am I here?" "Who is God and how is He relevant in my life?" "What difference does the Gospel make in my life?" "Why do I cut myself?" "How do I deal with my eating disorder?" "How can I get along with my parents?" These are some of the questions that youth are asking the church. We have a responsibility to serve the younger generations according to Titus chapter 2. As counselors, mentors, parents, and church workers we must become equipped and willing to give Biblical answers to help our youth address their unique life struggles.



THE YOUNGER GENERATION'S STRUGGLES - What are the things that trouble our youth today? What issues might bring them to counseling? How does culture inform our one another ministry with youth?



PRACTICAL TOOLS - What are some practical things you can do to serve the young generation? What are some "tools of the trade"?



PERSONAL CHALLENGE FOR YOUR ONE-ANOTHER MINISTRY - How can you more intentionally serve teenagers in your sphere of influence as a parent, pastor, youth worker, teacher, friend and mentor?

Recommended Resources for Counseling and Mentoring Teenagers:

What Do You Think of Me, Why Do I Care, by Ed Welch
Lies Young Women Believe, by Nancy Leigh DeMoss and Dannah Gresh
The Gospel-Centered Life for Teens, by Thune and Walker
Quick Scripture Reference Guide for Counseling Youth, by Keith and Patricia Miller
Biblical Mentoring resources, by Word of Hope Ministries at www.biblicalmentor.com
Age of Opportunity by Paul Tripp
Give Them Grace by Elyse Fitzpatrick and Jessica Thompson
When good Kids Make Bad Choices, by Jim Newheiser and Elyse Fitzpatrick



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