



God's Gauges for Humility

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INTRODUCTION TO BIBLICAL COUNSELING

The goal is not simply giving people skills such as “7 basics to improve your marriage,” but rather taking every thought captive—2 Corinthians 10:4-6.

I. LIES THE DEVIL WANTS US TO BELIEVE

A. “If you suffer, God doesn’t love you.”

- Luke 4:9-12, Psalm 91:11-12—This lie fits right into a “stronghold,” a natural way of thinking for us humans.

B. “The reason you suffer is that you don’t have enough faith.”

- Luke 21:16-18—Satan will use Scripture, but will twist it.

II. GOD’S PURPOSE FOR TRIALS—ROMANS 5:3-5, PHILIPPIANS 1:19-21

A. _____

- You are either entering a trial, in the midst of a trial, or coming out of a trial.

B. _____

- Enemy #1—Blame: “It’s not my fault.”
- Enemy #2—Bail: “I’m quitting.”
- Enemy #3—Buckle: “I give up.”

C. _____

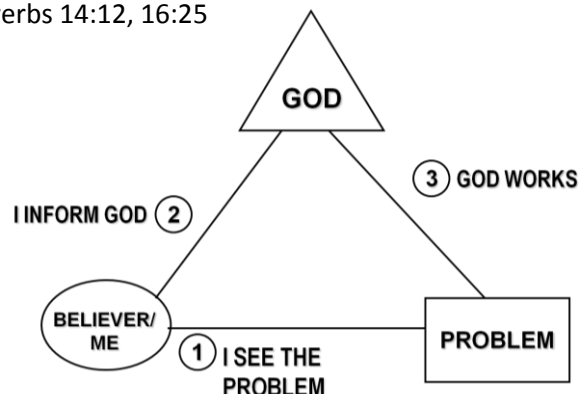
- Seeing all of life in light of the sovereignty of God—2 Samuel 16:5-13.

D. _____ (Confidence)

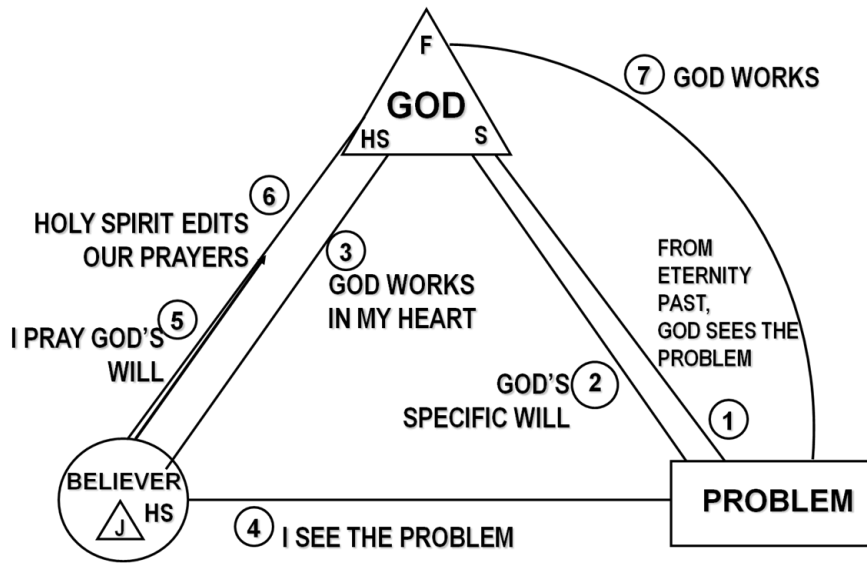
- Sadrach, Meshach, and Abednego—Daniel 3:8-25, especially vs. 17-18.

III. THE OVERARCHING BIBLICAL DOCTRINE OF TRIALS

A. How we think—Proverbs 14:12, 16:25



B. What the Bible teaches—Romans 8:26-30



PRACTICAL APPLICATION (AKA Homework)

FIVE GAUGES RE TRIALS—2 CORINTHIANS 12:7-10

Infirmities Weaknesses Physical ailments	Reproaches Insults Being treated poorly	Needs Hardships Going without	Persecutions Matthew 10:22, 24:9	Distresses Calamities Stressful situations
<ul style="list-style-type: none"> • Am I complaining? I am proud. • Am I grateful, revealing humble dependence on God? 	<ul style="list-style-type: none"> • Am I retaliating? I am proud. • Am I choosing to bless those who curse? • Romans 12:14-21 	<ul style="list-style-type: none"> • Am I discontent? I am proud. • Am I content, revealing that I have humbly allowed God to teach me? • Philippians 4:10-13 	<ul style="list-style-type: none"> • Am I a victim? Proud people remain victims. • Am I a victor, thanking God that I have been found worthy to be persecuted? • Acts 5:41 	<ul style="list-style-type: none"> • Am I depressed? I am proud. • Am I calm, revealing that I am resting in God?